

# **Drunken Potato & Kale Soup**

## Ingredients

- 1 yellow onion - diced
- 3 large carrots - sliced
- 1 tablespoon garlic - minced
- 10 small Yukon potatoes - cubed
- 4 packets sodium free bouillon
- ½ teaspoon sea salt
- 1- 12 oz bottle of beer
- 2 cups kale - chopped
- 4 cups water

## Directions

Sauté onion, carrots and garlic. Add potatoes, bouillon, & salt. Sauté until soft. Add beer, stir in kale and sauté for 3 minutes. Add water and bring to a boil.